



mount**hermon**  
ADVENTURES

## Start your Adventure!

We work with you to tailor a Team Building Adventure around the dynamics that you most want to cultivate within your group. We offer programs for a broad range of ages and experiences.

Contact us to begin planning your adventure!

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# Team Building

## Lives Transformed

### Focus

Mount Hermon Adventures provides a number of services to build and maintain powerful group dynamics with a team focus. These services involve workshops, indoor and outdoor experiential activities and discussions, challenge course programs, adventure activities, the Redwood Canopy Tour or the use of portable challenge activities that can be used at a location of your choice.

### Custom Designed

Our corporate programs can focus on such issues as:

- Leadership
- Innovation
- Group Dynamics
- Synergy
- Appreciative Inquiry
- Celebration
- Transitions
- Training

### Low Challenges

Mount Hermon facilitators will lead your group through an intentionally designed series of interactions spurring growth in the skills of communication, cooperation, and problem solving. You will be invited to increase the level of teamwork and value each member of your team. Low challenges are available at Mount Hermon or on-site at your location.



### High Challenges

Offering opportunities for groups to dynamically work together 35-80 feet in the air to complete both individual and partner challenges. Set in the serene beauty of the Coast Redwood forest, Mount Hermon's High Challenge Courses are a life-changing experience for every group.



### Redwood Canopy Tours

The Redwood Canopy Tour is a two hour all-inclusive guided tour including six zip lines up to 440 feet long and two sky bridges at heights of up to 150 feet. Each tour of eight is led by two certified guides imparting ecological knowledge and bringing your group to life. This is a shared experience your team will never forget!



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