

# Major Morning Track: Teen Track

Teens: What Must I do to Succeed as a Writer  

TUESDAY-SATURDAY, 9:00-10:30 AM, SATURDAY-MONDAY, 11:00 AM - 12:00PM  
LOCATION: BIRCH LOUNGE



Caleb & Brittney  
Breakey

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[calebbreakey.com](http://calebbreakey.com)

## Saturday

**Beat Resistance and Write Like Crazy:** Resistance is our greatest nemesis. Steven Pressfield, author of *The War of Art*, says there's a secret that real writers know that wannabe writers don't, and the secret is this: *"It's not the writing part that's hard. What's hard is sitting down to write. What keeps us from sitting down is Resistance."* Come learn how to beat Resistance by focusing ferociously and writing like crazy.

**Part 1: Raw and Unplugged—Q & A Within the Q & A:** Brittney will invite the class into a discussion of what some of the top writers in the world say about writing and success.



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## WORKSHEET (a)

### HOW TO BEAT WRITER'S BLOCK—EVERY TIME

*Answer the 5 Ws and H of your scene. (The H is where you plug in your soft lead).*

**Who:**

**What:**

**Where:**

**When:**

**Why am I writing this:**

**How will I write this: (Choose soft lead and incorporate the Ws)**

### SOFT LEAD OPTIONS

Statement

Quote

Question

Description

1. Write a sentence using each of the soft lead options.
2. Choose the best one.
3. Then start writing the scene, being sure to work in the 5 Ws.
4. See if you can work in what you wrote for the other soft leads.
5. Remember the five senses as you write. See your scene as a movie.



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## WORKSHEET (b)

### PREPARING YOURSELF TO BEAT RESISTANCE

What must you *scream* at the page?

Who will you ask to seriously consider praying for your writing ministry?

How are you going to CREATE at least 30 minutes of writing time per day?

Who are some great writers you've yet to read? How will you create time to read them?

What do you want to communicate in your story through sensory details? Why?

Which self-inflicted distractions (i.e. Internet) keep you from writing? How are you going to eliminate these distractions?

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## WHAT MUST I DO TO SUCCEED AS A WRITER? Sunday

For a general idea of what we'll be diving into today, expect to learn and discuss the following:

**Hooked: Craft Tension On Every Page:** Humans now have the attention span of a goldfish: 9 seconds. That leaves little room for error when crafting the first sentence, page, or chapter of your book. Frankly, it leaves little room for error during any part of our writing. But cheap tension—*Johnny was going to die in the next minute!*—doesn't do the writer any favors either. That's why this workshop helps you craft evocative tension that excites rather than tricks your readers.



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### WORKSHEET (c)

#### **BEAT RESISTANCE BY HOOKING YOURSELF TO YOUR STORY**

Attention: How will you inject conflict, character personality, and movement into your opening?

Interest: How will you provoke intrigue, stir questions, plant gold coins, and give surprises?

Desire: How will you add evocative sensory, set mood, make readers tense, and give your character an emotional shift?

Action: How will you make your reader seriously, breathlessly, unreservedly *care* about your character and what happens next?

Using AIDA, write the start of story using only four small-to-medium-sized paragraphs.



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### WORKSHEET (d)

#### **NON-FICTION TIPS FOR BEATING RESISTANCE**

1. How can you make your character human, fallible, humbled?
2. How can your character share his weaknesses and doubts?
3. How can your very human character overcome or be resilient?
4. How can you steer clear of cliché, poor writing, poor character development?
5. Think about predictability in your story. How can you stay one step ahead of your reader in plot and character relationships/development?
6. How can you make the reader laugh, especially through subtlety?
7. How can you make your character experience felt needs that are consistent with your readers?

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## WHAT MUST I DO TO SUCCEED AS A WRITER?

For a general idea of what we'll be diving into today, expect to learn and discuss the following:

**Plot Organically:** Many plug-this-into-that plotting books are available today. In this class, you'll learn the exact opposite: organic plotting. You'll discover how to start with the most crucial element of your story and naturally build around it.

**Part 2: Raw and Unplugged—Q & A Within the Q & A:** Brittney will invite the class into a discussion of what some of the top writers in the world say about writing and success.



## WORKSHEET (e)

### BEAT RESISTANCE BY PLOTTING ORGANICALLY

What experience do you want your reader to have at the end of your book?

Write down what your story is about.

What kind of scene will portray your final scene perfectly?

What needs to happen to set up that final scene?

What needs to happen to set up the set up to the final scene?

Continue to work backwards, creating characters and conflict (what if), until you have seven or eight major sequences or swings of momentum that entertain and enlighten.

Plot out those scenes in some sort of loose order.

If you don't know the experience you want the reader to have at the end, then write down the question your story explores, such as, "How far should one go to love her enemies?"



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For a general idea of what we'll be diving into today, expect to learn and discuss the following:

**Difference-Maker:** What's the point of writing if we miss the main thing? Just like Jesus, we must be humble yet fearless in our writing careers. Shrewd as serpents, yet as innocent as doves. Does that sound like your kind of calling? Then come join us. Learn what it takes to be a difference-maker. You'll walk away encouraged and equipped to pursue this crazy adventure of storytelling with renewed vigor and purpose. In fact, you might take away something even better: a deeper relationship with Jesus.



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## WORKSHEET (f)

### BEAT RESISTANCE BY DISCOVERING YOUR TRUEST PASSION

1. What would you give your all for?
2. What makes you think?
3. What makes you cry?
4. What do you see when you think of your passion?
5. Now, add Scripture to the context of your passion.
6. What are some non-writing related things you could do within your realm of passion?
7. List your life experiences and how they make you brilliantly different.
8. Finally, write: (your name)'s passion for (your passion) ignited when (opening scene) happened, and it grew all the more when God took him/her through (\_\_\_\_\_) and (\_\_\_\_\_). Now (your name) is working hard and hoping that God might use (your passion) to change the world for Christ's glory.



## WORKSHEET (g)

### BEAT RESISTANCE INTERNALLY

How badly do you want to succeed in writing? What IS success to you?

What steps will you take to kicking your ego, sense of entitlement, impatience, and fear?

In what ways do you need to be more content?

In what ways do you need to be more patient?

In what ways do you need to be less "grudgemental?"

In what ways must you be more thankful?

What will you start saying "yes" to?

What must you do to focus better?

*To download these outlines, go to [calebbreakey.com](http://calebbreakey.com) > Mount Hermon Downloads > enter the password teentrack > click the link.*